

SIGNS OF TELEVISION ADDICTION

by Ken Matto

The Bible says, “Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?” (Romans 6:16).

Multitudes of professing Christians today are enslaved to television and movies.

The following list is adapted from one published by Ken Matto:

- (1) You enjoy the sinful scenes on the show.
- (2) You eat your dinner in front of the TV.
- (3) You neglect your spouse or family for a TV show.
- (4) You look forward to a TV show much more than to the next church service
- (5) You miss Sunday Night services or Wednesday evening prayer meeting for TV.
- (6) Your conversation is replete with TV reviews and anecdotes.
- (7) TV replaces your Bible reading or devotion time.
- (8) The family altar has been replaced by a TV program.
- (9) You know more about TV than Scripture.
- (10) You meditate more about things on TV than about Christ and His will for your life
- (11) You begin to start empathizing with the characters the actors are portraying.
- (12) You rush home so you will not miss a program.
- (13) You watch TV late into the night consistently.
- (14) When company visits, the TV remains on.
- (15) You turn the TV on the moment you enter a room.
- (16) The TV is on when you are doing your chores.
- (17) You do not want people to visit when your programs are scheduled to come on.
- (18) When people visit, you wish they would leave so you could watch your programs.
- (19) You laugh at the very sins which sent Christ to the cross.
- (20) You continue to watch even when Christ’s name is used in vain
- (21) You have every premium cable channel like HBO, Cinemax, etc.
- (22) You begin to adopt ideas and attitudes contrary to Scripture.
- (23) You find more pleasure watching TV than being with God’s people.